

# Gut Day

Helps to support the digestion\*

## Premium health benefits

This unique formula helps support your digestion. It contains ginger, angelica and garden tree extract, combined with enzymes and micro-organisms found in the human microbiome.

Ginger helps to support the digestion.\*

\*Health claim pending European approval

## How to use

1 capsule per day 30 minutes before the main meal.

We recommend using Gut Day for at least 3 to 6 months.

Long-term intake is recommended by experts, in combination with sufficient exercise and a healthy nutrition.

All Insentials formulas can be combined at the same time.

## Contact

info@insentials.com



## We only use the best ingredients

Common bean extract	250 mg	Hemicellulase	0,15 mg
Garden Angelica extract	75 mg	Lactobacillus paracasei	10 mg
Protease	46,6 mg	Lactobacillus plantarum	5 mg
Ginger extract	33,33 mg	Bifidobacterium animalis I	2,5 mg
Amylase	31,3 mg	Bacillus subtilis	2,5 mg
Glucoamylase	16 mg	Lactobacillus rhamnosus	1,25 mg
Lipase	15 mg	Lactobacillus casei	1,25 mg
Cellulase	12,5 mg	Lactobacillus brevis	1,25 mg
Alpha-galactosidase	12,5 mg	Bacillus coagulans	0,75 mg
Pectinase	8 mg	Lactobacillus acidophilus	0,75 mg
Protease	5 mg	Lactobacillus lactis	0,75 mg
Xylanase	0,667 mg		

Ingredients per daily dose (1 capsule):

Common bean (Phaseolus vulgaris extract), HPMC (capsule), Big angelica extract (Angelica archangelica), protease, ginger extract (Zingiber officinale), amylase, mono- and diglycerides of fatty acids (anti-caking agent), glucoamylase, lipase, alpha-galactosidase, cellulase, Lactobacillus paracasei, rice starch (bulking agent), pectinase, protease, Lactobacillus plantarum, Bifidobacterium animalis, Bacillus subtilis, Lactobacillus brevis, Lactobacillus casei, Lactobacillus rhamnosus, copper complexes of chlorophyllins (colour), Bacillus coagulans, xylanase, Lactobacillus acidophilus, Lactococcus lactis, hemicellulase.

## Specifications

30 vegan capsules

Refill bag

Belgian notified food supplement



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## 100% Science



Recommended consumer price  
**40 €**