

# GLH-2

Supporting your carbohydrate metabolism\*

## Premium health benefits

GLH-2 is a revolutionary patented blend to support your carbohydrate metabolism.

Chromium contributes to maintaining normal blood glucose levels. Morus alba may help maintain the body's carbohydrate metabolism balance. Berberis aristata helps control glycaemia.\*

\*Health claim pending European approval.

## How to use

1 capsule a day with the main meal.

We recommend to take GLH-2 for a minimum of 3-6 months.

Longterm intake is a recommendation by experts, in combination with exercise and healthy nutrition.

All formulas of Insentials can be combined at the same time.

## Contact

info@insentials.com



## We only use the best ingredients

		%RI*
GLH-2 Reducose™	250 mg	-
BerberineHCl	243 mg	-
Chromium	40 µg	100%

%RI\* = % Reference intake

Ingredients per daily dose (1 capsule):

Reducose™ (Morus alba extract), berberine HCl (Berberis aristata 97% berberine), HPMC (capsule), glyceryldibehenate (anti-caking agent), chlorophyllin copper complexes (natural colour), chromium picolinate.

## Specifications

30 vegan capsules

Refill bag



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Belgian notified food supplement 4493/16

## 100% Science



Recommended consumer price  
**64,5 €**